

EASTERN COUNTIES



CYCLING ASSOCIATION

# Results for 25 miles Time Trial

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

*held on*

**Friday 7th April 2023**

**Course E6/25 ~ Start at 8.00 am**

**Timekeeper**

Leonard Gordon

**Event Secretary:** Leonard Gordon, Mobile: 07807 839204, Email: lengordon55@gmail.com

*Thanks to members of the following ECCA clubs who helped make this event happen:*

Becontree Wheelers CC, Chelmer CC, East London Velo, Hart Performance Coaching,  
Shaftesbury CC, Team Vision Racing – Silverhock and Verulam CC

## **ECCA Awards**

### **Fastest Scratch**

1<sup>st</sup> Henry Okill (Southend Wheelers) 56:28  
2<sup>nd</sup> Paul Turton (Team Vision Racing - Silverhook) 56:54  
3<sup>rd</sup> Nicholas Knight (Hart Performance Coaching) 57:00

### **Fastest Women**

1<sup>st</sup> Louise Robinson (Essex Roads CC) 1:02:11 (**New Solo Female Course Record**)

### **Fastest Team**

1<sup>st</sup> Team Vision Racing - Silverhook 3:02:47  
Paul Turton 56:54, Richard O'Rourke 1:00:34 and Murat Ozdenya 1:05:19

### **Fastest Road Bikes**

1<sup>st</sup> Nick Boyle (Chelmer CC) 1:04:22  
2<sup>nd</sup> Rob Chaplin (East London Velo) 1:04:32

### **Fastest Handicap**

1<sup>st</sup> Henry Okill (Southend Wheelers) 40:28  
2<sup>nd</sup> Adrian Tovey (Maldon & District CC) 42:28  
3<sup>rd</sup> Matthew Clements (Lee Valley Youth CC) 43:10

### **Fastest 2 Up**

1<sup>st</sup> Sam Swaysland & Matthew Currie (Athlon CC) 1:02:18

### **New 2 Up Course Record**

Kevin Wood & Benjamin Wood (Sherwood CC) 58:53

## Scratch Positions

No	Name	Club	Category	Time	Average Speed	Pos	ECCA Pos
35	Sam Brown	**6AM Cycling	S	00:54:24	27.57	1st	
34	Henry Okill	Southend Wheelers	S	00:56:28	26.56	2nd	1st
9	Charlie Gaimster	**Dulwich Paragon CC	S	00:56:48	26.41	3rd	
25	Paul Turton	Team Vision Racing - Silverhook	V	00:56:54	26.36	4th	2nd
31	Nicholas Knight	Hart Performance Coaching	V	00:57:00	26.32	5th	3rd
27	Alfie Salmon	Hart Performance Coaching	E	00:57:19	26.17	6th	4th
29	Rob Young	Shaftesbury CC	V	00:57:38	26.03	7th	5th
11	Matthew	Lee Valley Youth CC	S	00:57:55	25.90	8th	6th
23	Terry Garlinge	Easterley Road Club	V	00:58:30	25.64	9th	7th
19	Sebastian	**Islington Cycling Club	V	01:00:02	24.99	10th	
17	Richard O'Rourke	Team Vision Racing - Silverhook	V	01:00:34	24.76	11th	8th
28	Daniel Shanney	Redbridge CC	S	01:01:00	24.59	12th	9th
24	Thomas Shanney	Redbridge CC	S	01:01:16	24.48	13th	10th
22	Adrian Tovey	Maldon & District CC	V	01:01:25	24.42	14th	11th
15	Louise Robinson	Essex Roads CC	WV	01:02:11	24.12	15th	12th
30	James Wood	West Suffolk Wheelers	V	01:04:26	23.28	16th	13th
21	Murat Ozdenya	Team Vision Racing - Silverhook	V	01:05:19	22.96	17th	14th
12	Edward Perry	Southend Wheelers	S	01:05:50	22.79	18th	15th
3	Steve Smith	Redbridge CC	V	01:08:02	22.05	19th	16th
5	William Bell	**Stortford Tri	S	01:08:09	22.01	20th	
7	Chris Smith	Essex Roads CC	V	01:08:32	21.89	21st	17th
4	Philip Elms	Bishop's Stortford CC	V	01:10:54	21.16	22nd	18th
6	Colin Doe	Ford CC	V	01:11:29	20.98	23rd	19th
18	Robert Jones	**Cardiff 100 Miles RCC	V	01:12:36	20.66	24th	
14	Hilary Briggs	**Serpentine Running Club	WV	01:14:34	20.12	25th	
8	Brian Martin	Ciclos Uno	V	01:16:40	19.56	26th	20th
1	Adrian Lauchlan	**Southgate CC	V	DNS			
2	Matthew Cole	**Stortford Tri	V	DNS			
10	Alice Connor	**Velociposse CC	W	DNS(A)			
13	Noah Knock	**Victoria Cycling Club	V	DNS(A)			
16	Jan Harvey	Southend Wheelers	WV	DNS(A)			
20	Geoff Bores	Ford CC	V	DNS(A)			
26	Claire Lee	Shaftesbury CC	WV	DNS(A)			
32	Peter Tibbitts	Ford CC	V	DNS(A)			
33	Keke Orth	Maldon & District CC	S	DNS			
** = Club not affiliated to ECCA. Rider(s) not eligible for awards							

## Handicap Positions

No	Name	Club	Category	Time	Handicap	Adjusted Time	Pos
34	Henry Okill	Southend Wheelers	S	00:56:28	00:16:00	00:40:28	1st
22	Adrian Tovey	Maldon & District CC	V	01:01:25	00:18:57	00:42:28	2nd
11	Matthew	Lee Valley Youth CC	S	00:57:55	00:14:45	00:43:10	3rd
24	Thomas Shanney	Redbridge CC	S	01:01:16	00:17:46	00:43:30	4th
28	Daniel Shanney	Redbridge CC	S	01:01:00	00:17:26	00:43:34	5th
4	Philip Elms	Bishop's Stortford CC	V	01:10:54	00:25:59	00:44:55	6th
37	Julian Boulter	Eagle Road Club	V	01:09:44	00:24:46	00:44:58	7th
6	Colin Doe	Ford CC	V	01:11:29	00:26:18	00:45:11	8th
39	Nick Boyle	Chelmer CC	V	01:04:22	00:18:57	00:45:25	9th
40	Bob Cliff	Redbridge CC	V	01:04:36	00:18:55	00:45:41	10th
25	Paul Turton	Team Vision Racing - Silverhook	V	00:56:54	00:10:54	00:46:00	11th
7	Chris Smith	Essex Roads CC	V	01:08:32	00:22:16	00:46:16	12th
31	Nicholas Knight	Hart Performance Coaching	V	00:57:00	00:10:35	00:46:25	13th
27	Alfie Salmon	Hart Performance Coaching	E	00:57:19	00:10:49	00:46:30	14th
30	James Wood	West Suffolk Wheelers	V	01:04:26	00:17:45	00:46:41	15th
23	Terry Garlinge	Easterley Road Club	V	00:58:30	00:11:23	00:47:07	16th
17	Richard O'Rourke	Team Vision Racing - Silverhook	V	01:00:34	00:13:20	00:47:14	17th
15	Louise Robinson	Essex Roads CC	WV	01:02:11	00:14:14	00:47:57	18th
29	Rob Young	Shaftesbury CC	V	00:57:38	00:09:24	00:48:14	19th
41	Rob Chaplin	East London Velo	V	01:04:32	00:15:37	00:48:55	20th
3	Steve Smith	Redbridge CC	V	01:08:02	00:17:45	00:50:17	21st
21	Murat Ozdenya	Team Vision Racing - Silverhook	V	01:05:19	00:12:36	00:52:43	22nd
8	Brian Martin	Ciclos Uno	V	01:16:40	00:23:48	00:52:52	23rd
38	Ruth Stapleton	Harlow CC	WV	01:18:04	00:23:03	00:55:01	24th

## Road Bikes Positions

No	Name	Club	Category	Time	Average Speed	Pos
39	Nick Boyle	Chelmer CC	V	01:04:22	23.30	1st
41	Rob Chaplin	East London Velo	V	01:04:32	23.25	2nd
40	Bob Cliff	Redbridge CC	V	01:04:36	23.22	3rd
43	Jamie Bishop	Harlow CC	V	01:05:57	22.74	4th
37	Julian Boulter	Eagle Road Club	V	01:09:44	21.51	5th
38	Ruth Stapleton	Harlow CC	WV	01:18:04	19.21	6th
36	Malcolm Strickland	**CC Bexley	V	01:29:48	16.70	7th

\*\* = Club not affiliated to ECCA. Rider(s) not eligible for awards

## 2 Up TT Positions

No	Name	Club	Category	Time	Average Speed	Pos
48	Kevin Wood	**Sherwood CC	V	00:58:53	25.48	1st
49	Benjamin Wood	**Sherwood CC	S			
44	Sam Swaysland	Athlon CC	S	01:02:18	24.08	2nd
45	Matthew Currie	Athlon CC	S			
46	Ian Short	Team Salesengine.co.uk	V	01:03:04	23.78	3rd
47	Ann Shuttleworth	Cambridge CC	WV			
42	Tim Simpkins	Harlow CC	V	DNS		
43	Jamie Bishop	Harlow CC	V			
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## ECCA Team Positions

No	Name	Club	Category	Time	Team Time	Pos
25	Paul Turton	Team Vision Racing - Silverhook	V	00:56:54	03:02:27	1st
17	Richard O'Rourke	Team Vision Racing - Silverhook	V	01:00:34		
21	Murat Ozdenya	Team Vision Racing - Silverhook	V	01:05:19		
28	Daniel Shanney	Redbridge CC	S	01:01:00	03:10:18	2nd
24	Thomas Shanney	Redbridge CC	S	01:01:16		
3	Steve Smith	Redbridge CC	V	01:08:02		